Autism Resource Library



DSPL7 has a number of resources suitable for pupils with ASD and sensory difficulties, which can be borrowed by schools for **up to half a term**. This allows schools to trial these resources to see if they have a positive impact on the pupil.

Small resources



4 pairs of ear defenders.

Children with autism and sensory issues are often sensitive to noise. It can be particular sounds or certain frequency of noises that can be troublesome. Some children can appear to be in physical pain on being exposed to certain sounds and noises.





Ear plugs

For children with sound sensitivity who don't want to wear ear defenders.



Assorted fiddle / sensory toys

Fidget toys are often used to provide sensory input in a less distracting way. They can help improve concentration and attention to tasks by allowing the brain to filter out the extra sensory information (e.g. listening to a lesson in the classroom, paying attention to a book during circle time).



3 inflatable squease vests

Squease helps you manage stress, anxiety and sensory overload. When inflated, the deep pressure vest applies a firm hug-like pressure, giving you a pleasant, secure and safe feeling.

The squease vest can help to avoid meltdowns and deal with crowded places and social situations.



Weighted blanket and vests

The deep pressure provided by weighted jackets has a "calming and organising" effect on the body's proprioceptive system. They are commonly recommended by Occupational Therapists for use in the classroom to increase attention span and reduce hyperactivity often seen in children with autism, ADHD, sensory and learning difficulties.



Communication fans

These communication fans feature Widgit symbols. They are easy to use and fit easily into a pocket or bag, making them portable. There are 8 different fans for different times of day, routines and behaviour and emotional supports.

Large resources



Ball Chair

Small chair aged 4-8; large chair 9-adult

Movement increases blood flow to the brain, which is better for brain function and learning. Sitting on a stability ball supports and builds core muscles and helps children focus by expending the excess energy they build up.



Squeeze machine

Providing all over deep pressure as the user rolls between the soft, squishy bumpers, the Squeeze Machine can be an invaluable sensory toy for children that need deep proprioceptive input.



Pop up dark den

Versatile pop up Sensory Pod ideal for environments where a full sensory room is not available. Use with projectors and light sources (not included). Provides safe and enclosed area for sensory exploration Instant 'pop up' set up-folds away easily.



Sensory Light Ball

For use inside the pop up dark den. With a remote control included, you can choose between 16 different colours or even set it to fade from colour to colour. Powered by low voltage mains power supply and comes with the base charge unit. 6 hour charge cycle means they can be taken off base station after full charge