

## Simple Solutions

Run by Sally Glossop - 2019/20

### ABOUT THE COURSE

Problem solving sessions for **parents/carers** of children and young people aged 0-25 with Autistic Spectrum Disorder. This is an opportunity to meet with other parents and carers, to share problems and discuss practical strategies to help move forward.



### DETAILS

#### DATES:

- 18<sup>th</sup> September 2019
- 20<sup>th</sup> November 2019
- 29<sup>th</sup> January 2020
- 11<sup>th</sup> March 2020
- 13<sup>th</sup> May 2020
- 8<sup>th</sup> July 2020

**TIME:** All meetings run from 7:00 – 8:30pm

**VENUE:** Fleetville Junior School, 228 Hatfield Road, St Albans, Herts, AL1 4LW

**COST:** Free

**PARKING:** Parking is available at the school. Entrance via the main reception.

**REFRESHMENTS:** Provided

**TO BOOK:** Email [admin@dspl7.org.uk](mailto:admin@dspl7.org.uk)

These workshops are funded by DSPL7, places are limited so please book. Please note that if you do not book you cannot be notified if a meeting is cancelled.

