

# Symptoms of Tourette's

Tics are the main symptom of Tourette's syndrome. They usually appear in childhood between the age of 5 and 9.

People with Tourette's syndrome might have both physical and vocal tics.

Examples of physical tics:

- blinking
- eye rolling
- grimacing
- shoulder shrugging
- jerking of the head or other limbs
- jumping
- twirling
- touching objects and other people

Examples of vocal tics:

- grunting
- throat clearing
- whistling
- coughing
- tongue clicking
- animal sounds
- saying random words and phrases
- repeating a sound, word or phrase
- swearing

Swearing is rare and affects only about 1 in 10 people with Tourette's syndrome.