

## COACHING SERVICE OFFER

In accordance with Government guidelines on social distancing all our coaching is now happening over the phone or via video chat (Zoom).

You may only need a 'one off 30 min session' which is something we are offering at this time to people who are willing to pay privately. We are looking into securing funding to help certain families with one off sessions and be able to offer it to them for free, but as of yet, this funding has not been confirmed. So it is on a private basis for now.

Our "normal" coaching which is usually for 6-8 weekly sessions can also be paid for privately or sometimes you can secure funding to pay for it.

**A one off 30 min session with a coach would be £30, or £50 for an hour session.**

Please note, once assigned, the coach would work with you and / or your partner as opposed working directly with your child. Some more general information about our service can be found here:

<http://www.add-vance.org/parents/coaching/>

### **If you would like several sessions:**

Private Coaching sessions are £50 each (1 hour) paid directly to the coach before each session. We recommend 6-8 sessions but you do not have to commit to any set number, you can just see how things go with the coach and decide how many sessions are appropriate as you go along.

Sometimes it is possible to access funding to pay for coaching - it might be worth asking at your child's school via the SENCO to see if they have any funds available and if there is a social worker involved with your family there are various panels at Herts County Council to whom they can apply... If you have a School Family Worker, they may have some ideas too. The funded route is a separate referral form - naturally I'd be more than happy to send this to you if necessary...

Once the forms are received the details go on our waiting list to be allocated a coach - this can take up to 12 weeks, not including school holidays but it is sometimes a bit less than this. **Obviously waiting times are CONSIDERABLY less at the moment because we are not restricted to allocating coaches to certain areas of Herts in which they normally operate as it's all done remotely.**