

WHAT IS TOURETTE SYNDROME?



Tourette Syndrome is...

- ✖ A neurological, genetic condition.
- ✖ A combination of involuntary motor and vocal tics.
- ✖ Tics usually start in childhood around the age of seven.
- ✖ 90 per cent of people with Tourette Syndrome (TS) are **not** compelled to swear.
- ✖ TS is a wide spectrum condition.
- ✖ People with TS commonly have other conditions, especially ADHD and OCD.
- ✖ To be diagnosed with TS, a person must have had a combination of vocal and motor tics for at least one year.
- ✖ Referral to specialist neurologists for confirmation of diagnosis and management of TS is recommended.
- ✖ Management of tics include medication and behavioural therapy.

Tourettes Action has a list of clinicians who specialise in diagnosing and treating TS. We can also provide information and support to people living with the condition and their families.

 **Helpdesk: 0300 777 8427**

 **www.tourettes-action.org.uk**

Registered charity number: 1003317

