

Zones of Regulation Course

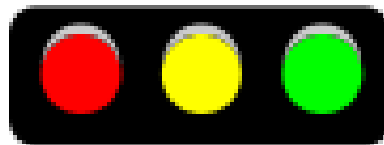


This course is aimed at school staff in DSPL7 area (St Albans, Harpenden & Villages) cost for DSPL7 area: FREE

Zones of Regulation ***Thursday 20th September 2018***

3:00 pm - 4:30 pm

Zones of Regulation is a programme written by Canadian Educator Leah Kuypers. It is designed to support students with self-regulating their emotions, recognising the emotions of others and recognising the impact of their behaviours on the emotions of others.



**Venue: St Albans Girls' School, Sandridgebury Lane,
St Albans, AL3 6DB**

On-site parking available in *Visitors Car Park* only please

Booking is essential. Please book either
by phone 01727 853134 Ext 244 or email admin@dspl7.org.uk
Website www.dspl7.org.uk