

Working in partnership STAGS, St Albans Plus and DSPL7 would like to invite parents and professionals to.....



The Wellbeing Village

Thursday 18th October 2018 from 2.30pm to 7pm

St Albans Girls' School, Sandridgebury Lane, St Albans, AL3 6DB

The Wellbeing Village is a gathering of professionals dedicated to providing wellbeing and mental health support to children and families. Visitors will be able to meet and talk to accredited specialists from organisations working to support young people's mental health and wellbeing. These include -

CAMHS, Step2, St Albans Plus, Families First, The OLLIE Foundation, The Counselling Foundation, The Children's Wellbeing Team, Specialist Eating Disorders Team, St Albans LGBT, School Health, YC Hertfordshire, Youthtalk, Police, HCC SEN Specialist Advice and Support Service, 0-25 SEND Team, Cruse Bereavement Care Hertfordshire, Missing People, ADD-Vance, Herts Mind Network, Herts Young Homeless, SARC, EP Service, ESMA, Families Feeling Safe, Bounce Forward, Families in Focus, PDA Society, Carers in Herts, Everyone Active and more...

You are welcome to visit anytime between 2.30pm and 7pm and workshops will commence at 4pm, 5pm and 6pm. Access to the village and all workshops is free, and refreshments will be available to purchase.

WORKSHOPS	Just for Dads	Managing Self Harm	Risk taking Behaviour in Young People	Autism and Mental Health	WORKSHOPS
	Eating Disorders	The OLLIE Foundation - Should we talk about suicide?	Essentials - Building Resilience in Young People	Bereavement - Supporting families	
	Transgender Young People	My LGBTQ+ Teen	ADHD in Girls	Emotional Wellbeing Masterclass	
	Schools' Responsibility for Young Carers	Anxiety in Young People	Spot the Signs (Suicide prevention/awareness)	Parents Supporting Children	

Programme of Workshops

4pm	5pm	6pm
'Managing Self Harm' <i>CAMHS</i>		'Managing Self Harm' <i>CAMHS</i>
'Anxiety in Young People' <i>Step2</i>	'Anxiety in Young People' <i>Step2</i>	'Anxiety in Young People' <i>Step2</i>
'Just for Dads' <i>Families in Focus</i>	'Just for Dads' <i>Families in Focus</i>	'Just for Dads' <i>Families in Focus</i>
'Risk Taking behaviour in Teens' <i>YC Hertfordshire</i>	'Risk Taking behaviour in Teens' <i>YC Hertfordshire</i>	'Risk Taking behaviour in Teens' <i>YC Hertfordshire</i>
'Eating Disorders' <i>Specialist Eating Disorders Team</i>	'Eating Disorders' <i>Specialist Eating Disorders Team</i>	'Eating Disorders' <i>Specialist Eating Disorders Team</i>
'Should we talk about Suicide?' <i>The OLLIE Foundation</i>	'Should we talk about Suicide?' <i>The OLLIE Foundation</i>	'Should we talk about Suicide?' <i>The OLLIE Foundation</i>
'Essentials - Building Resilience in Young People' <i>Bounce Forward</i>	'Essentials - Building Resilience in Young People' <i>Bounce Forward</i>	'Essentials - Building Resilience in Young People' <i>Bounce Forward</i>
		'Parents Supporting Children' <i>The Counselling Foundation</i>
	'Bereavement – Supporting Families' <i>Cruse Bereavement Care</i>	
'Transgender Young people' <i>YC Hertfordshire</i>	'Transgender Young people' <i>YC Hertfordshire</i>	'Transgender Young people' <i>YC Hertfordshire</i>
'My LGBTQ+ Teen' <i>YC Hertfordshire</i>	'My LGBTQ+ Teen' <i>YC Hertfordshire</i>	'My LGBTQ+ Teen' <i>YC Hertfordshire</i>
'ADHD in Girls' <i>ADD-Vance</i>	'ADHD in Girls' <i>ADD-Vance</i>	'ADHD in Girls' <i>ADD-Vance</i>
'Emotional Wellbeing Master Class' <i>The Children's Wellbeing Team</i>	'Emotional Wellbeing Master Class' <i>The Children's Wellbeing Team</i>	'Emotional Wellbeing Master Class' <i>The Children's Wellbeing Team</i>
'School Responsibility for Young Carers' <i>Carers in Herts</i>		
'Autism and Mental Health' <i>SEN Specialist Advice and Support Service</i>	'Autism and Mental Health' <i>SEN Specialist Advice and Support Service</i>	'Autism and Mental Health' <i>SEN Specialist Advice and Support Service</i>
'Spot the Signs Suicide Prevention' (Parents only) <i>Herts Mind Network</i>	'Spot the Signs -Suicide Prevention' (Parents only) <i>Herts Mind Network</i>	

To book onto one or more workshops, e-mail Sally Molloy at wellbeing@stags.herts.sch.uk stating which workshops you would like to attend. These are likely to fill up quickly so book early to avoid disappointment. Workshops will run for 45 minutes.

We look forward to seeing you there!