



## Play and Sign

For children with Down's Syndrome and their parents and carers

Beechfield Children's Centre, Gammons Lane, North Watford WD24 5TY

- \* Find out about what Up on Downs has to offer
- \* Meet other parents of children with Down Syndrome
- \* Ask questions and pick up tips
- \* Get resources and information to support signing
- \* Free refreshments

Bring a friend along and Grandparents & siblings are very welcome too!

Third Thursday of each month



Up  
On Downs

*To find out more, request assistance at the event or tell us anything in advance of the meet-ups please send an email to:*

[enquiries.nhdowns@yahoo.co.uk](mailto:enquiries.nhdowns@yahoo.co.uk)

*or give us a ring on:*

01462 630459

Or

07722 599807

Up on Downs (Hertfordshire)

Registered Charity 1126111

[www.upondowns.com](http://www.upondowns.com)

