

Spot the Signs – Professionals Training

This training is aimed at school staff working with 11-19 year olds in DSPL7 area (St Albans, Harpenden & Villages) cost for DSPL7 area: FREE



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Training Overview

Session Outline

The purpose of this session is to increase participants' knowledge and awareness about youth suicide. We will explore information about which groups of young people are most at risk and why, protective factors and briefly review practical strategies for identifying and responding to signs of risk in young people. You will be provided some of the latest information and statistics in regards to suicide in young people. We will also explore the effects of media and contagion on youth suicide, with the internet having an important contemporary role.

Learning Outcomes

By the end of the session candidates will be expected to:

- Have a broad awareness of suicide in young people, including being able to recognise some of the latest statistics and risk factors
- Understand some of the misconceptions surrounding suicide in young people, and be aware of the impact of stigma.
- Have increased confidence in responding to and supporting young people with suicidal thoughts.
- Have an increased knowledge of services available in Hertfordshire to support young people with suicidal thoughts.

Audience: Professionals working with young people

Length: 4 hours

Contact naomi.jackson@hertfordshiremind.org for further information

Date: Wednesday 28th March 2018 9am-1pm

Venue: St Albans Girls' School, Sandridgebury Lane,
St Albans, AL3 6DB
On site parking available in *Visitors Car Park* only please

Booking is essential. Please book either
by phone 01727 853134 Ext 244 or email admin@dspl7.org.uk

Website : www.dspl7.org.uk