

Notes from Simple Solutions Workshop – Sally Glossop

3rd February 2016

St Albans Girls' School

- Sally's team are now called the Communication and Autism team – they are all licensed practitioners for the NAS EarlyBird scheme
- Attached to the email accompanying notes is a summary of the autism review. If parents have thoughts or comments with regards to the autism review, these should be sent to Finola (finola@practice-perfect.net) who is a parent representative for DSPL7
- Tips/suggestions for the technology addicted: sand timer to indicate time left, draw up contract, screen time app (can be used for multiple children on multiple devices), changing Wi-Fi password, removing fuse to outhouse
- PALMS (Positive behaviour, Autism, Learning disability and Mental health Service) – Sally can refer, and also GP or paediatrician. May be useful to keep a log of issues prior to getting in touch with them
- Recommended book - Neurotribes: The Legacy of Autism and How to Think Smarter About People Who Think Differently by Steve Silberman

Next Simple Solutions Workshop 23/3/16 7pm at St Albans Girls' School