

## Responding to Self Harm

Healthy Young Minds in Herts



Schools training

Hertfordshire CAMHS School Link

### Free Responding to Self Harm Training Course

When?	22nd March 2018 9.30 to 3.30
Where?	St Albans Girls' School, Sandridgebury Lane, St Albans, AL3 6DB. Parking available in the main car park, entrance via the main reception
Who's it for?	All staff, especially pastoral leaders and pastoral staff
How long is it?	A school day
How many people?	Maximum approx. 30
Information	This practical course will support staff to have meaningful conversations about self harm with pupils and how to develop a whole school approach to supporting those who self harm.
Expected outcomes	<ul style="list-style-type: none"> <li>• Increased confidence in recognising the signs and responding to self-harm</li> <li>• A greater understanding around self harming behaviour</li> <li>• Develop consistent approaches and safe practices</li> </ul>
How to book	Email <a href="mailto:admin@dspl7.org.uk">admin@dspl7.org.uk</a>