

Harpenden PLUS

PARTNERSHIP

Harpenden-Kimpton-Redbourn-Wheathampstead



My Teen Brain

A free* 4 week course for parents and carers of children aged 12 to 18 about:

- Being the parent of a teenager – the role of the parent and how to respond to difficult feelings
- Understanding your teenager – development, parenting styles, praise and criticism
- Communicating with your teenager – talking and listening, handling difficult issues
- Managing conflict with your teenager – rules and boundaries, problem solving

Wednesdays

17th, 24th, 31st January and 7th February 2018

10.00am – 12.00noon

at Sauncey Wood School, Harpenden

You are able to register your interest on this course by emailing on jfosteredwards@saunceywood.herts.sch.uk

All information is correct at the time of going to press, but may be subject to change.

*£50 if your child does not attend a HarpendenPlus Partnership school

List of partnership schools: Beech Hyde, Crabtree schools, Grove schools, Harpenden Academy, High Beeches, Kimpton, Lea, Manland, Redbourn Schools, Roundwood Park, Roundwood Primary, Sauncey Wood, Sir John Lawes, St Dominic, St George's, St Helen's, St Nicholas, Wood End