



Living with an Anxious Child

A workshop for parents and carers of children aged 5-19 who worry, and show signs or symptoms of anxiety.

We will cover :

- ⇒ **What anxiety looks and feels like**
- ⇒ **When anxiety becomes a problem**
- ⇒ **How to respond to an anxious child**

Monday 26th March 2018

10.00am-12.30pm

Harpenden Plus Partnership

Jubilee Room, Sauncey Wood School,

Pickford Hill, Harpenden AL5 5HL

Fully funded by Harpenden Plus Partnership *

Call : 01582 623676

or email : jfosteredwards@saunceywood.herts.sch.uk

You will be sent a booking form and your place will be secured upon receipt of your completed form and a small deposit.

***£20 fee if your child does not attend a HarpendenPlus Partnership school**

List of partnership schools: Beech Hyde, Crabtree schools, Grove schools, Harpenden Academy, High Beeches, Kimpton, Lea, Manland, Redbourn Schools, Roundwood Park, Roundwood Primary, Sauncey Wood, Sir John Lawes, St Dominic, St George's, St Helen's, St Nicholas, Wood End