

Managing Strong Feelings

A **FREE** workshop in
ST ALBANS



for Mums, Dads &
Carers



For Parents and Carers of Primary
& Secondary age children

The workshop will cover:

- * The link between Feelings, Thoughts & Behaviour
- * Understanding the context of a child's behaviour
- * Ideas for dealing with behaviour

Wednesday 28th March 2018

1.00pm - 3.00pm

at

St Albans Girls' School

Sandridgebury Lane

St Albans

AL3 6DB



To book your FREE place please contact

Dave:

dave@familiesfeelingsafe.co.uk

Or Tel: 07929 742295

* Please quote the date of the workshop you are booking

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Provision Locally
Achieving quality outcomes