



FAMILY LINKS: PARENTING CHILDREN WITH ADDITIONAL OR SPECIAL NEEDS

A free, 10 week parenting course run by the St Albans Educational Partnership aimed at Parents and Carers of children with additional and special needs. Parenting Puzzle is a popular, award winning parenting course, with two experienced and qualified facilitators, Nikki Howes and Sarah Ellis, one of whom also parents a young person with Autism and challenging behaviour. Ten sessions of two hours sharing tried and tested techniques and strategies to effectively parent children with a range of additional needs. Topics include:

- The four constructs for successful relationships and confident parenting
- Positive discipline
- Praising effectively
- Helping our children grow and develop
- The effect of labelling
- Giving appropriate choices and consequences
- How to help our children stay safe
- Which behaviour can we ignore



Both courses begin on **Wednesday 26th April 2017**

followed by

May 3rd, 10th, 17th, 24th, June 7th, 14th, 21st, 28th & July 5th

10am-12am

(free crèche provided – please book)

@ Fleetville Infants School, 228 Hatfield Road, St Albans, AL1 4LW

6.30pm-8.30pm

@ St Albans Girls School, Sandridgebury Lane, AL3 6DB

Creche and venues
provided by



www.stalbanseps.org

www.dspl7.org.uk



Courses funded
by



10 weeks

Morning and Evening sessions so that both parents can attend

Free crèche provided in the morning by DSPL7

Free parenting book to take away

Peer support

To book a FREE place contact Liz King

01727 853134

or

stalbanseps@gmail.com